BIOCHEK® - GLOW
Hand Hygiene Technique Training Kit

The ideal tool for hand hygiene training:
- Simple to implement & use
- Immediately shows any gaps in hand rubbing technique
- Easy to understand & convincing results

Contents:
Each Lock & Seal Box contains:
2 Nos. 110 ml Bottles of Glow Gel
1 No. UV Torch

Easy to interpret, clear results:
Areas of hands properly rubbed with Han’gel Glow solution show up as bright blue colour, while areas left out appear as dark spots under the UV light from the torch

Directions for Use:
1. Open the box and remove glow gel bottle
2. Ask the participants to use the given Han’gel Glow solution and perform hand antisepsis as per their usual practice
3. Use UV Torch and shine it onto the hands of the participant
5. Wherever the Han’gel glow solution has been applied properly onto the skin will glow bright blue, while areas that were not covered will show up as dark spots
6. Use the checklist provided to identify which of the Six Steps of Hand Hygiene has been missed by the participant
7. Retrain the participant and re-check for compliance again if necessary
## HAND RUBBING TECHNIQUE EVALUATION SHEET

### Hand Rubbing Step | Area to Inspect in Glow Box | Record Compliance (Bright Area = Pass, Dark Areas = Fail)

1. Rub hands palm to palm; ![Image](image1.png)
   - Inspect palms
   - **Pass** | **Fail**

2. Right palm over left dorsum with interlocked fingers and vice versa; ![Image](image2.png)
   - Inspect backs of the hands
   - **Pass** | **Fail**

3. Palm to palm with fingers interlaced; ![Image](image3.png)
   - Inspect insides of fingers and in-between fingers
   - **Pass** | **Fail**

4. Backs of fingers to opposing palms with fingers interlocked; ![Image](image4.png)
   - Inspect backs of fingers
   - **Pass** | **Fail**

5. Rotational rubbing of left thumb clasped in right palm and vice versa; ![Image](image5.png)
   - Inspect thumbs and bases of thumbs
   - **Pass** | **Fail**

6. Rotational rubbing, backwards and forwards with clasped fingers with clasped fingers of right hand in left palm and vice versa; ![Image](image6.png)
   - Inspect tips of fingers and thumbs
   - **Pass** | **Fail**

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**Source:** "Hand Hygiene: Why, How & When" - WHO Patient Safety publications

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**Hospital Name:**

**Employee Name:**

**Area / Department:**

**Date of Evaluation:**

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**PSK Pharma - Your trusted partner for Hand Hygiene.**

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**Hand Hygiene:**

- **Hand Hygiene:**
  - **PSK Pharma:**
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**Products:**

- **BIOCHEK Lotion**
  - Chlorhexidine 1% & Ethyl Alcohol 61%
  - Waterless Surgical Hand Scrub

- **CUTARUB CHG Classic**
  - Chlorhexidine 0.5% & Ethyl Alcohol 70%
  - Fragrance-free Hand Antiseptic

- **BIOCHEK CHG**
  - Chlorhexidine 0.5% & Ethyl Alcohol 70%
  - Hand & Skin Antiseptic

- **BIOCHEK HANDRUB**
  - Mecetronium & Propanol
  - Hand Antiseptic