

BIOCHEK[®] - CHG

Chlorhexidine Gluconate & Ethyl Alcohol
Alcohol Hand Rub / Skin Antiseptic

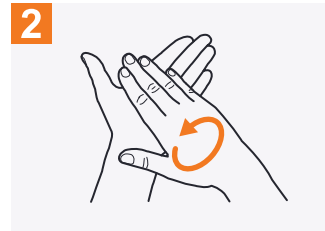


PROPER HAND RUBBING TECHNIQUE

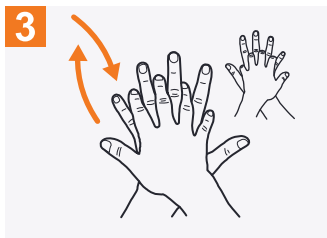
Duration of the entire procedure: **20-30 seconds**



Apply a palmful of the product in a cupped hand, covering all surfaces;



Rub hands palm to palm;



Right palm over left dorsum with interlaced fingers and vice versa;



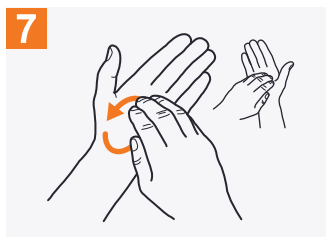
Palm to palm with fingers interlaced;



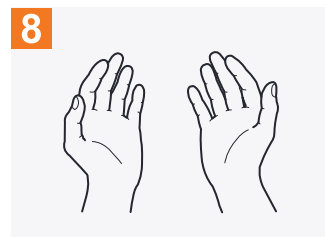
Backs of fingers to opposing palms with fingers interlocked;



Rotational rubbing of left thumb clasped in right palm and vice versa;



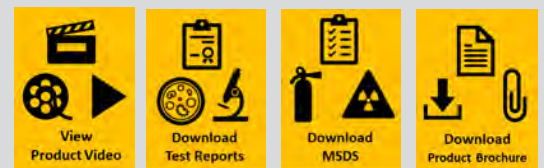
Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



Once dry, your hands are safe



Source: "Hand Hygiene: Why, How & When" - WHO Patient Safety publications



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